

ST. CHARLES YOUTH COMMISSION

Monday, April 7, 2014 – 6:00 p.m.

St. Charles Police Department Conference Room
211 N. Riverside Avenue

Minutes have been sent to the following:

N. McFarland – Youth Commissioner *
S. Anderson – Youth Commissioner*
J. Diorio – Youth Commissioner
C. Hime – Youth Commissioner
K. Kauke – Youth Commissioner
D. Kelly – Youth Commissioner
S. Schwerdtfeger – Youth Commissioner*
M. Tilton – Youth Commissioner*
M. Weick – Youth Commissioner*
J. Wong – Youth Commissioner*
B. Tynan, STC PD*
S. Huffman, Interim Chief of Police*
R. Rogina, Mayor
STC Alderman
M. Karson, STC EHS
M. Koenen, City Administrator

L. Dandre, STC EHS
P. Jensen, Haines M.S.
D. Schlomann, Superintendent CUSD 303
S. Morrill, Wredling M.S.
P. Yensen, United Way
J. Otepka, TriCity
G. Swanson, STC Township
C. Kyle, STC EHS
C. Blake, TriCity*
J. Baird, CUSD 303
S. Morrill, Thompson M.S.
E. Baxter, STC Library
D. Beasley, STC Underground
D. Procaccio, STC Underground
S. Muenz, STC Underground*

*Attended meeting.

- I. Meeting called to order @ 6:05 p.m.
- II. **Secretary Report** – Marianne Weick, on behalf of Daniel Kelly (absent)
 - A. Approval of the Minutes from March 3, 2014 meeting. Motion to approve carried.
- III. **Treasurer's Report** – Cliff Hime (absent)
- IV. **Correspondence** – Thank you letters presented from Girl Scout Troop 4849 and the St. Charles Public Library.
- V. **Presentations** – None as of April 2, 2014.
- VI. **Liaison Reports**
 - A. **D303** – Absent
 - B. **Park District** – Steve Muenz
 - i. Report attached.
 - C. **Police Department** – Bill Tynan
 - i. Report attached.

D. Library Programs – Marianne Weick

- i. Update on current programs;
- ii. ***By the Way*** newsletter attached;
- iii. Monthly Graphic Novel book discussion.

E. Tri-City Family Services – Colleen Blake

- i. The annual Tri City Family Services fundraiser is taking place on April 26, 2014.

VII. Old Business –

- A. Park District funding request tabled to the May meeting.

VIII. New Business –

A. Funding Requests:

- i. Tri City Family Services request for funding for two programs: Wilderness Program Challenge and Teen Girl Retreat. Motion to approve \$1,000 carried.
- ii. St. Charles Youth Police Academy request for funding for the July 7-11, 2014 session for CPR and First Aid Certification and cost of class materials. Motion to approve \$725 carried.

IX. Announcements – None as of April 2, 2014.

X. Adjournment

- A. Motion to adjourn at 6:30 p.m. carried.

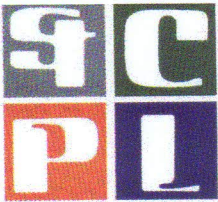
The next Youth Commission meeting will be Monday, May 5, 2014 at 6:00 p.m. at the St. Charles Police Department Conference Room located at 211 N. Riverside Avenue.

Respectfully submitted,
Marianne Weick, Youth Commissioner

Dear Youth Commission,
Thank you very much for
our fully funded grant for
the handicap swing. We are
really excited to see the
swing be built and this
wouldn't be able to happen
without your help.

Thank you
Troop 484a

Kelly, Sarah, Gina, Amy, Abby, Julia, Madison



St. Charles Public Library

One South Sixth Avenue

St. Charles IL 60174-2195

630-584-0076 ■ FAX 630-584-9262

www.stcharleslibrary.org

April 7, 2014

St. Charles Youth Commission
2 East Main Street
St. Charles, Illinois 60174

Dear Fellow Commissioners,

On behalf of the St. Charles Public Library, I want to thank you for sponsoring the "Pause to Read" T-shirts for the teen 2014 Summer Reading Program.

I appreciate your continued support of the Library's summer reading clubs. Thank you all Kristen, Mary Ann, Nancy, Stacy, Susan, Cliff, Dan, Jeff, and Jim. We could not do it without each of you.

Parent, commissioner, librarian, reader,

Marianne Weick
Young Adult Librarian

2014

Ind. vs. Check Ins	January	February	March	April	May	June	July	August	September	October	November	December
	118/433	108/403	120/430									
2013	71/340	75/259	77/426	101/487	103/466	90/415	78/439	97/486	116/421	118/450	106/464	94/337
2012	111/481	99/452	103/569	98/480	119/558	121/569	102/520	105/523	106/451	120/496	104/534	97/414
2011	110/474	91/315	112/573	114/570	99/549	114/529	125/579	118/543	124/519	128/565	122/519	103/555
2010	89/460	104/454	117/616	127/549	102/534	115/577	112/571	116/544	103/474	97/498	92/474	98/499
2009	92/426	80/431	88/428	99/517	82/477	96/522	86/585	77/603	86/509	91/521	82/423	82/346
2008	105/402	93/397	112/531	122/473	100/471	112/540	86/577	115/667	100/637	106/608	106/469	70/366
2007	145/688	88/429	124/641	126/563	117/621	121/460	85/462	90/550	128/503	142/552	98/400	63/285
2006	83/351	109/481	99/400	106/378	83/373	99/312	60/216	61/151	95/321	106/458	109/416	149/448
2005	116/379	147/410	146/482	101/387	159/720	173/637	145/647	188/714	162/623	139/441	146/495	87/336

Hourly Visits

1:00 p.m.	16	10	22
2:00 p.m.	19	11	22
3:00 p.m.	80	78	91
4:00 p.m.	76	83	91
5:00 p.m.	89	82	95
6:00 p.m.	99	86	77
7:00 p.m.	51	39	31
8:00 p.m.	3	7	1
9:00 p.m.	0	7	0

Female vs. Male	248/499	249/506	251/509
Member #	747	755	760

[illegible]

History (# of visits)

2013 Total	306/4990
2011 Total	275/6,290
2011 Total	275/6290
2010 Total	256/6,250
2009 Total	257/5,788
2008 Total	346/6,122
2007 Total	585/6,154
2006 Total	4,305
2005 Total	6,271
2004 Total	5,259
2003 Total	5,504

SC Juvenile Arrest listing

Statute Code	Description	Arrest Date And Time	subject ID Number	Arrestee Address City	Arrestee Jacket Type
9-08-020	BATTERY:Simple	03/13/2014 11:36:00		ST CHARLES	Juvenile Jacket
9-20-010	DISORDERLY CONDUCT: All Others	03/14/2014 12:00:00		WEST CHICAGO	Juvenile Jacket
725 ILCS 5.0/110-3	WARRANT: In State	03/18/2014 12:00:00		SAINT CHARLES	Juvenile Jacket
9-08-020	BATTERY:Simple	03/19/2014 12:00:00		SAINT CHARLES	Juvenile Jacket
9-53-030	DRUG PARAPHERNALIA: Possession Of	03/20/2014 13:30:00		ELBURN	Juvenile Jacket
9-20-010	DISORDERLY CONDUCT: All Others	03/25/2014 08:30:00		WINFIELD	Juvenile Jacket
9-40-010	THEFT: Retail	03/26/2014 14:45:00		ELGIN	Juvenile Jacket
625 ILCS 5.0/6-107.1-A-1	TRAFFIC: Other Violations	03/31/2014 02:00:00		MAYWOOD	Juvenile Jacket
10-11-601(B)	TRAFFIC: Other Violations	03/31/2014 02:00:00		MAYWOOD	Juvenile Jacket
9-52-010	CHILD: Curfew	04/01/2014 04:43:00		CORTLAND	Juvenile Jacket

4/7/2014 3:52:11 PM

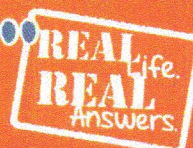


St. Charles Public Library
Young Adult

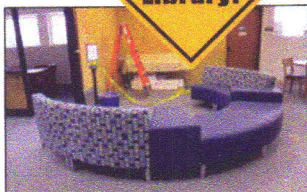
By The Way...

Spring 2014

YOUNG ADULT NEWSLETTER



**Pardon
Our Dust**
Working to
Improve Your
Library!

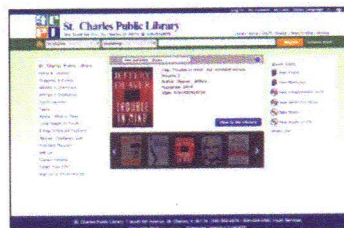


Hey?! What's all the noise? A new and improved library is coming your way very soon.

Be sure to take a look at **The Loft!** This revamped YA area is designed with YOU in mind. Walls have been refreshed; comfortable, modular seating is on its way; and even an Info Commons area. This space is still *just* for teens. Stop in with friends to study, read, do homework, or whatever. Please note: NEW bookshelves are now situated on the west side of the stairwell. You'll still find featured titles on the teen book display (as always, located under the "frog" statue). Feel free to check these out and take them home with you, anytime.

NEW Catalog is now live!

Beam Us Up, Scottie! **Enterprise** has some nice features we think you'll enjoy. Try the easy-to-make book lists; text yourself call numbers; and easily refine your search using the modern interface. *Supported browsers include Chrome, Firefox, IE, Safari - current version or one version back.*



Website Redesign!

Our new site has a fresh, clean, attractive look that is EASY to navigate. We hope you'll find that the new streamlined layout will allow you quick and easy access to our catalog, programs and services.



be, that is the question. ~ Brevity is the soul of wit. ~ The empty vessel makes the loudest sound. ~ There is no darkness but ignorance.

~ A fool thinks himself to be wise, but a wise man knows himself to be a fool. ~ Listen to many, speak to a few.

Who exactly was Shakespeare?

William Shakespeare was a respected English playwright and poet whose works are noted for their exceptional verbal wit, psychological depth and emotional range. Bard, Dramatist, Actor, Soliloquist.

Source: http://public.credoreference.com/content/entry/hmdictenglang/shakespeare_william/0?result=3

Why do we still study Shakespeare?

Every high school student has encountered his works at least once. Here's why:

1) Illumination of the Human Experience

Shakespeare's ability to summarize the range of human emotions in simple yet profoundly eloquent verse is perhaps the greatest reason for his enduring popularity. If you cannot find words to express how you feel about love or music or growing older, Shakespeare can speak for you. No author in the Western world has penned more beloved passages.

2) Great Stories

Shakespeare's stories transcend time and culture. Modern storytellers continue to adapt Shakespeare's tales to suit our modern world—whether it's the tale of Lear on a farm in Iowa (*A Thousand Acres*), Romeo and Juliet on the mean streets of New York City, or Macbeth in feudal Japan (*Throne of Blood*).

3) Compelling Characters

Shakespeare invented his share of stock characters, but his truly great ones – particularly his tragic heroes – are unequalled in literature. They've remained popular because of their complexity. For this reason, Shakespeare is deeply admired by actors, and many consider playing a Shakespearean character to be the most difficult and most rewarding role possible.



Happy 450th Birthday,
William Shakespeare!
April 23 (1564-1616)

4) Ability to Turn a Phrase

Many of the common expressions now thought to be clichés were Shakespeare's creations. Chances are you use Shakespeare's expressions all the time even though you may not know it is the Bard you are quoting. You may think that fact is "neither here nor there", but that's "the short and the long of it."

Source: Mabillard, Amanda. *Why Study Shakespeare?* [Shakespeare Online](http://www.shakespeare-online.com/biography/whystudyshamakespeare.html). 20 Aug. 2000. < <http://www.shakespeare-online.com/biography/whystudyshamakespeare.html> >.

How many plays did he author?

The general consensus is that Shakespeare wrote 37. However, no one can know for certain because of the inexact documentation at the time the plays were first being organized and published.

Source: Mabillard, Amanda. *How Many Plays Did Shakespeare Write?* [Shakespeare Online](http://www.shakespeare-online.com/plays/numberofplays.html). 20 Aug. 2000. < <http://www.shakespeare-online.com/plays/numberofplays.html> >.

ages. ~ 'Tis one thing to be tempted, another thing to fall. ~ Neither a borrower nor a lender be. ~ To be, or not to

The course of true love never did run smooth. ~ Good night, good night! Parting is such sweet sorrow, that I shall say



POP QUIZ!

Know Your Shakespearean Quotes:

1. "To be or not to be, that is the question."
2. "Some are born great, some achieve greatness, and some have greatness thrust upon them."
3. "What's in a name? That which we call a rose by any other name would smell as sweet."
4. "Now is the winter of our discontent."
5. "Is this a dagger which I see before me, the handle toward my hand?"
6. "If you prick us do we not bleed? If you tickle us do we not laugh? If you poison us do we not die? And if you wrong us shall we not revenge?"

Answers:
 1. Hamlet
 2. Twelfth Night
 3. Romeo and Juliet
 4. Richard III
 5. Macbeth
 6. The Merchant of Venice
 Sources: <http://www.nosweatshakespeare.com/quotes/>

Some Popular Films Inspired by Shakespeare's Plays:

Coriolanus (2012)

Gnomeo & Juliet (2011)

Hamlet (1948, 1990, 2007, others)

Kiss Me Kate (1953)

Letters to Juliet (2010)

Le Songe (2011)

Much Ado about Nothing (1993, 2012, others)

Private Romeo (2012)

Romeo and Juliet (1968, 2006, 2014, others)

Romeo Must Die (2000)

Shakespeare in Love (1998)

She's the Man (2006)

Taming of the Shrew (1929, 1967, others)

Ten Things I Hate About You (1999)

A Thousand Acres (1997)

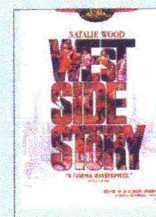
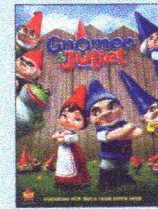
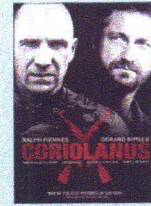
Warm Bodies (2013)

West Side Story (1961)

Winter's Tale (2014)

Zombie Hamlet (2012)

Source: imdb.com



good night till it be morrow. ~ Better three hours too soon than a minute too late. ~ All the world's a stage, and all the men and women

merely players: they have their exits and their entrances; and one man in his time plays many parts, his acts being several

Recommended Student Resources @ Your Library:

No Fear Shakespeare

Graphic novel format with the original text of Shakespeare's play side-by-side with a modern version, with marginal notes and explanations, plus full descriptions of each character. 822.33 NO

How to Read and Understand Shakespeare [DVD]

822.33 D (SET) DVD & 822.33 D BOOK

Shakespeare Uncovered [DVD]

Ethan Hawke 822.33 D (SET)

Shakespeare's Words: A Glossary and Language Companion

David Crystal REF 822.33 G

Brick Shakespeare: The Comedies: A Midsummer Night's Dream, The Tempest, Much Ado about Nothing, and the Taming of the Shrew

John McCann (on order)

Brick Shakespeare: The Tragedies: Hamlet, Macbeth, Romeo and Juliet, and Julius Caesar

John McCann 822.33 M

The Complete Pelican Shakespeare

William Shakespeare (on order)

Shakespeare Survey Online (www.stcharleslibrary.org/articles-databases) A great database from Cambridge University Press for students and Shakespeare lovers. Each volume is devoted to a theme, or play, or group of plays and illustrated with a variety of Shakespearean images and production photos. Try out the "My Shakespeare" feature which enables you to:

- Access to your **own password protected** pages within the site
- Re-run recent and **saved searches**
- **Bookmark chapters** of particular interest
- **Save your own individual notes** on each bookmarked item
- **Create separate workgroups** to share information (bookmarks, searches, notes, external links and announcements) with other users within the My Shakespeare pages

jdc 3/14

YA Programs – NEW!

Note: Library Closed March 24-28

March 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

March 12 – Hackathon
Website Remix

March 14 – Pi Day

March 19 – Perfecting Your ACT
Writing Assessment

March 27 – Not Just Capes:
Teen Graphic Novel Book
Discussion – **Pride of
Baghdad** at Arcadium

April 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

April 1 – Marshmallow Shooters

April 22 – Txt&View

April 24 – Not Just Capes: Teen
Graphic Novel Book
Discussion – **Friends
with Boys**

May 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

May 3 – Free Comic Book Day
Papercraft
Cosplay
Movie Showing: X-Men:
First Class (PG-13)



Family Services

1120 Randall Court • Geneva, IL 60134 • (630) 232-1070 • (630) 232-1471 fax

March 26, 2014

Ms. Nancy McFarland
St. Charles Youth Commission
2 East Main Street
St. Charles, IL 60174

Dear Nancy:

On behalf of TriCity Family Services, I am grateful for the opportunity to submit this funding request to the St. Charles Youth Commission. With this letter, we are hoping to renew our relationship with our request for \$1,000 in support of our Teen Experiential Programs.

These vital programs for area teens continue to evolve and strengthen with your support. Our complete request is attached for your review.

If you have any questions about this submission or our agency, please contact me at 630-232-1070 or mbarfuss@tricityfamilyservices.org. Our clinician, Colleen Blake, is also uniquely qualified to answer questions about the agency or the programs this funding request will support as well.

I look forward to hearing from you and thank you, again, for your consideration.

Sincerely,

Miranda Barfuss
Development Manager

ST. CHARLES YOUTH COMMISSION

TriCity Family Services Funding Request

Executive Summary

Statement of Request

TriCity Family Services has a long history of working with at-risk youth and youth in crisis. In our continuum of counseling services, we deliver early intervention programs for youth who may develop emotional problems later in life. Teens were the core of our services at our founding in 1967. Working with teenagers continues to be a specialty of TriCity Family Services and, at this time, the population where our expertise, innovation and compassion are most needed in this community.

With this in mind, we respectfully request \$1,000 in funding from the St. Charles Youth Commission in support of our Teen Experiential Programs. Our Teen Experiential Programs are: (1) Wilderness Challenge Program, (2) Wilderness Challenge Follow Up Group, (3) Teen Girls Weekend Retreat.

Wilderness Challenge Program

Since the early years of its existence, TCFS' work with groups of youth has been a cornerstone of the agency's service profile. For 25 years, one of the most successful group approaches has been the Wilderness Challenge Program (WCP), which takes place over eight days every year and provides at-risk teens the chance to experience a therapeutic camping and canoeing trip in the Boundary Waters of Minnesota and Canada. This year's Wilderness Challenge Trip is slated for June 13-20.

The program is made available each year on a full scholarship basis to 30 teens (primarily graduating eighth graders at risk of a difficult transition to high school). Parents, school personnel, and other health care providers refer students to the program. Both males and females may apply. Students selected for the program are generally one or more of the following; (1) bored, unmotivated or underachieving in school, (2) uncooperative or non-compliant with basic rules of conduct at home or at school, (3) socially isolated or socially ineffective and severely lacking in self esteem, (4) struggling with significant family or peer problems.

Temporarily removed from the daily distractions and pressures of life in their home communities, the program participants experience the wilderness setting as a testing ground. By design, and through Mother Nature's own challenges, participants are constantly confronted with stretching their own limits. In doing so, they become aware of previously untapped physical, mental, and emotional capabilities.

The overall objectives of WCP are: (1) Participants will increase self-esteem, (2) Participants will learn to work cooperatively with others, (3) Participants will learn to face new challenges. An additional positive outcome of WCP is that it brings TriCity Family Services closer to the lives of those families most at-risk in our community. Making parents more comfortable with seeking help for mental health, emotional, and behavioral issues is an important outcome of the program. Involvement at a relatively early stage of adolescent development means that TriCity Family Services will be involved for the long term, contributing to a healthier community and stronger families.

Wilderness Challenge Follow Up Group

The WCP Follow Up Group was created in response to a quality improvement process, where we concluded that the Wilderness Challenge trip needed a way to extend its impact throughout the

school year. This group meets every two weeks for kids who have gone on the trip. It gives the youth a chance to reconnect with each other on a regular basis and reconnect with our agency therapists. They can discuss problems and socialize in a positive environment, regularly revisiting an experience that has often changed their lives. For teens who struggle socially, this group frequently becomes a highly valued part of their lives long into their future following the trip.

The first Follow Up Group meeting of the month is a social event. The second Follow Up Group meeting of the month focuses on building leadership skills and working on goals. Regular participants in these sessions have the chance to apply to be Peer Leaders on a return trip into the wilderness. Peer Leaders embark on their own Training Trip over a weekend to the Sylvania Wilderness Area in the upper peninsula of Michigan the week before the main WCP trip in June. The four-day canoe and camping experience serves as a “field training” experience in preparation for the main WCP trip. The experiential learning curriculum focuses on dealing with potential emergency situations, advanced team building, and methods for effectively supporting and coaching first-time WCP participants.

Teen Girls Weekend Retreat

The Teen Girls Retreat occurs three times per year, with the goal of helping teen girls develop new competencies through emotional self-awareness and peer support. 6-8 girls are screened and selected to participate in each retreat. They travel to Covenant Harbor Retreat Center in Lake Geneva, Wisconsin for the weekend.

The retreat focuses on elements of Acceptance and Commitment Therapy (ACT), including principles of mindfulness. Girls examine the significance of their emotions and the roles they play (e.g. providing internal guidance, predicting behavior, helping to set boundaries, communicating with others, expressing unmet needs). From there, they build skills in using mindfulness to pay active and open attention to the present moment and identified emotions. The girls develop assurance statements to learn to better nurture themselves, especially in the absence of other support.

Recognizing that peers play an ever-increasing role in the lives of adolescents and that positive interactions are essential to their development, the retreat provides a safe venue where the girls can explore their identities, feel accepted and develop a sense of belonging. This peer-based program innately recognizes the unique skills and abilities of young people to provide a constructive role in the solutions to their own problems. Once skills are learned, participants are capable of assisting others to develop these skills, creating a natural support network. The Retreat also introduced a follow up component this year, adding three additional meetings after the weekend to solidify the impact of the trip and process emotional developments.

Conclusion

The need for these programs in the community is great. Leadership opportunities and character-building experiences for youth, particularly youth from low-income and chaotic homes, are in short supply, but greatly needed. Scholarships are provided to all first-time Wilderness Challenge participants. There is also no program fee for participation in the Wilderness Challenge Follow Up Group or the Teen Girls Weekend Retreat. These programs are only made possible through the generous support of organizations and donors like the St. Charles Youth Commission. The St. Charles Youth Commission has been a viable and value-driven partner for TriCity Family Services and we hope you will favorably consider our request for restricted program funding for our Teen Experiential Programs.

ST. CHARLES YOUTH COMMISSION

TriCity Family Services Funding Request

Addendum

Service Statistics

PROGRAM NAME	# SERVED IN 2013 FISCAL YEAR	ST. CHARLES RESIDENTS	% ST. CHARLES RESIDENTS
Wilderness Challenge Program	29	6	21%
Wilderness Challenge Follow Up Group	22	2	9%
Teen Girls Retreat	18	7	39%
TOTAL	69	15	22%

Program Outcomes

As an agency, TriCity Family Services operates a comprehensive Quality Improvement System to help us continually improve the efficiency and effectiveness of our services. The Quality Improvement System is comprised of three integrated parts: Strategic Planning, Quality Assurance and Continuous Quality Improvement. Our Quality Improvement Committee, comprised of staff leadership, board leadership and community volunteers, oversees the entire system.

Under this framework, we measure the effectiveness of our Teen Experiential Programs through pre and post survey instruments or other written feedback instruments to assess changes in clients' knowledge and skills as a result of their participation in the program. Also, all agency programs are fully accredited by the Council on Accreditation, the highest standard in the human service field.

Our Teen Experiential Programs are successful in meeting objectives and maintaining quality. The outcomes of these programs are best highlighted by the words of the teens themselves.

For the Wilderness Challenge Program...

What is the most valuable thing that you got out of the WCP that will help you in your everyday life?

"Learning how to deal with difficult situations."

"Sometimes things happen that you don't like and you just have to deal with them and get through them."

"Never give up."

"Teamwork"

"Learning that everyone has problems and sometimes talking about them can help resolve them instead of bottling things up."

"I learned that strangers that you don't think you would be able to get along with may become your close friends after all."

"I have to do more things on my own."

“Taking things for what they are and readjusting to make it work. I used to complain, but now I take it for what it is.”

For the Teen Girls Retreat...

What is your most significant ‘take-away’ from this retreat experience?

“If we just push our feelings aside and pretend it’s not there, we’ll end up exploding.

Recognizing our emotions and sticking to it will make it less overwhelming.”

“I realized I can’t change how people view me. It helped me so much with anxiety to be around girls my age.”

“Being in touch with myself helps me control my emotions better.”

“Taking a few minutes of the day to encourage and comfort myself, because I’m really the only one who knows what I need.”

“I realized people do really want to help me and want me to be successful. People do love me.”

Key Staff Biographies

Jim Otepka, MS, LMFT, Executive Director-Wilderness Challenge Co-Founder-Jim has been with TriCity Family Services since 1988 as its Executive Director. Jim received his Master's degree in Community Mental Health from Northern Illinois University. Jim has spent over 30 years working in the field, first at the Kane-Kendall County Mental Health Center and then the DuPage County Health Department. Besides the many activities that encompass his position as Executive Director, Jim continues to see clients on a regular basis. A Licensed Marriage and Family Therapist, he concentrates much of his clinical work in the area of couples' therapy, and a wide-range of child and adolescent issues.

Michelle Clark, MS.Ed, LCPC, NCC, Coordinator of Community Services-Supervisor of Teen Experiential Programs-Michelle has been with the agency since 1999. She received her Master's of Science in Education degree with an emphasis on Counseling in a Community Setting from Northern Illinois University. Michelle is a Licensed Clinical Professional Counselor and a National Certified Counselor. Michelle has had special training dealing with clients who self-mutilate, anxiety and obsessive compulsive disorders and anger management for youth. As Coordinator of Community Services, Michelle supervises all of the Prevention and Early Intervention programs and community presentations.

Colleen Blake, LCPC, Clinician/Consultant-Facilitator of Teen Girls Retreat Follow Up Group-Colleen joined our staff in June 2010. A graduate of California State University Stanislaus, Colleen has a Masters of Arts degree in psychology. Colleen has worked with children, adolescents and their families in a variety of community-based settings, including head start programs, residential treatment, outpatient mental health and family services environments. Most recently, Colleen was an Early Childhood Mental Health Therapist and Program Coordinator at the McHenry County Youth Service Bureau in Woodstock, Illinois.

Mira Dahlheim, LCSW, Clinician/Consultant-Founder and Facilitator of Teen Girls

Retreat-After completing her internship at TCFS, Mira joined the staff as a full-time employee in 2011. She graduated from the University of Illinois-Urbana Champaign and is a Licensed Clinical Social Worker. Mira received clinical training in Family-Based Treatment (FBT) for Eating Disorders at The University of Chicago Medical Center from Dr. James Locke and Dr. Daniel LeGrange. Mira is dedicated to the provision of quality, family-centered services to strengthen individuals and support families.

Allyse Rehak, MS, LPC, Mental Health Worker-Co-Facilitator of Teen Girls Retreat and Facilitator of the Wilderness Challenge Follow Up Group-

After completing her internship at TCFS in the Clinical Division, Allyse joined the staff in July of 2012 as a full-time Mental Health Worker. Allyse received her Master's degree in Counseling from the Clinical/Community Mental Health program at Western Illinois University. Allyse graduated Cum Laude in the Honors Program at Augustana College, with a degree in Psychology, Pre-Medicine and Biology. She has been part of a multitude of mental health presentations and has a strong background working with children and promoting healthy living in the community. Among her previous work experience, she was most recently a Beu Health Center Graduate Assistant at Western Illinois University.

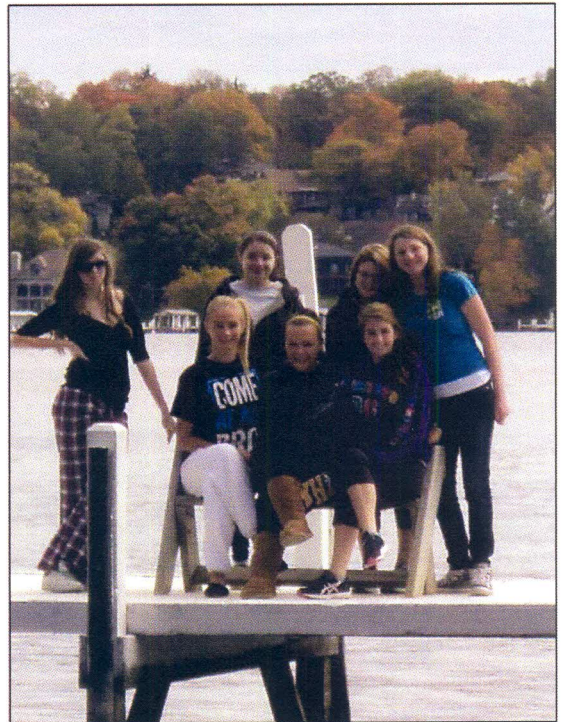
Greg Watson, LCSW, ACSW, LMFT, Senior Clinician/Consultant-Co-Founder and Facilitator of Wilderness Challenge Program-

Greg has been with the agency since 1988. He earned his Master's of Social Work degree from the University of Illinois at Urbana in 1978. He also received his marriage and family training from the University of Illinois' Institute for Juvenile Research in Chicago. Greg is a Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, a member of the Academy of Certified Social Workers as well as a clinical member of the American Association of Marriage and Family Therapy. He has worked in the field in a variety of community mental health settings for over 30 years. Greg enjoys working with all ages from children to seniors and enjoys teaching and training and will always be an avid student of the field. He has facilitated our graduate intern training program since 1994. He was named 2014 Social Worker of the Year by the National Association of Social Workers Illinois Chapter Three Rivers District.

Budget Summary

PROGRAM	BUDGETED EXPENSE
Wilderness Challenge Program	\$30,978
Wilderness Challenge Follow Up Group	\$9,701
Wilderness Challenge Peer Leader Training Trip	\$5,335
Teen Girls Retreat	\$11,981
TOTAL	\$57,995
Total Agency Budget	\$1,753,476

Program Photos



April 6, 2014

St. Charles Youth Commission

2 E. Main St.

St. Charles, IL 60174

Youth Commission Members,

During the March meeting of the Youth Commission I advised that would be seeking monetary assistance with this year's youth police academy. At this time I would officially like to request funds to help facilitate this endeavor.

This year's academy will run from July 7-11. It will be set up the same as last year's successful academy.

The target audience is youth from 13-16 years old. CUSD 303 students who live within the city of St. Charles would be given preference, with CUSD 303 students outside the city limits used to fill in the class if necessary. The class would run from 10 a.m. to 3 p.m. A daily schedule is in the works, but will include a tour of the police department, a briefing on what police patrol is like, what constitutes a crime, SWAT, mock crime scene, mock trial, juvenile law, bullying, illegal drugs and alcohol use, Internet/personal/traffic safety, a Taser overview and CPR/first aid certification.

The class will once again end with a graduation ceremony during which certificates of completion would be issued. The classes will be completed with volunteer instructors. However, there is a cost associated with the CPR certification. The fire department has advised the cost to certify would be \$25 each. We have decided to once again limit the class to 25 students.

We are requesting funds in the amount of \$725 for the following:

CPR and first aid certification – 25 certifications at \$25 each = \$625

Other assorted class materials - \$100

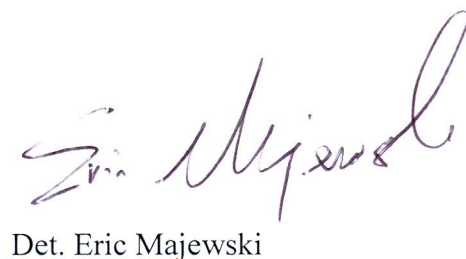
If the commission is not willing to front the full amount above, any amount that the commission feels is reasonable could be used to lower that fee for the participant.

The class last year was very well received, with participants asking if they could come back this year to participate, or even assist instructors. It is evident that this class is a great benefit to the youth, and in turn, community of St. Charles. Any assistance you can provide would be greatly appreciated.

Sincerely,



Ofc. Bill Tynan



Det. Eric Majewski